

3rd Annual South East Asia Breast Cancer Symposium

“Patient Centred Care”

3 - 5 August 2018 • Pullman Hotel • Kuching, Sarawak, Malaysia

Outline of Programme

Friday, 3 Aug 2018	Workshop 1: Patient Navigation
	Workshop 2: Disparities in breast cancer outcomes in the SEA Region
	Workshop 3: Communication: patient-healthcare professional
Saturday, 4 Aug 2018	Official Opening Ceremony
	Keynote Lecture: Dealing with the financial impact of breast cancer
	Panel Discussion 1: Healthcare challenges in ASEAN
	Symposium 1: Survivorship
	Panel Discussion 2: Impact of media and advertising
	Plenary Lecture: Advocating standards for pathology in reporting breast cancer
	Symposium 2: Sociocultural issues in breast cancer
	Symposium 3: Treatment decision making
	Lecture: Phased implementation of guidelines for early diagnosis & treatment
	Panel Discussion: Regional coalition in breast cancer in SE Asia: Time for action
7.30pm onwards	Gala Dinner (Attire: Traditional Wear)
Sunday, 5 Aug 2018	Workshop 4: Breast Surgery International
	Workshop 5: Breast Care Nursing (<i>Venue: Sarawak General Hospital</i>)
	Workshop 6: Toolkit for patients with advanced breast cancer
	Workshop 7: Peer support in breast cancer

Who should attend: policy makers, oncology clinicians, nurses, health practitioners, social workers, cancer survivors, patient advocates, caregivers



BREAST CHAPTER
COLLEGE OF SURGEONS,
ACADEMY OF MEDICINE OF MALAYSIA



Shwe Yaung Hnin Si
Cancer Foundation



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Day 1: Friday, 3 August 2018

Workshop 1: Patient Navigation	8.00 am	Welcome Prioritising national agendas in improving early detection and access to care	Chair: Nur Aishah Taib
	8.30 am	Community based navigation projects:	
		• Philippines - Community based navigation - role of NGOs	Kara Magsanoc-Alikpala
		• Vietnam - Optimizing Resources: Using a Peer to Peer Support Program to Assist with Patient Navigation	Carolyn Taylor
		• Timor-Leste - Haliku - Breast Cancer Awareness, Education and Support in Timor Leste	Maria Imaculada Guterres
		• Cambodia - Barriers and challenges of Peer Educators in Cambodia	Sok Bouy
	9.30am	Tea and Networking	
	10.00am	Hospital based navigation projects:	
		• Malaysia - Hospital based navigation	Yusof Abdul Wahab
		• Malaysia - Patient Navigation Programme	Maheswari Jaganathan
		• Malaysia - Video based navigation information for patients in University Malaya Medical Centre	Suhaida Mushtaffa
		• Thailand - express lane for Metastatic Breast Cancer Patients	Imjai Chitapanarux
		• Philippines - Hospital based patient navigation	Ma Lourdes Cortez
	12.00 pm	Break-out session: Identifying priorities and potential solutions	
	1.00 pm	Lunch and Networking	
	2.00 pm	Panel Presentations and Discussion Panel	
	4.00 pm	Workshop ends	

Workshop 2: Disparities in breast cancer outcomes in the SEA Region			Chair: Nirmala Bhoo Pathy
	9.00 am	Introduction to breast cancer outcomes	Cheng-Har Yip
	9.20 am	World wide differences in incidence and outcomes (focusing on SE Asia)	Nirmala Bhoo Pathy
	9.50 am	Achieving better breast cancer outcomes in Myanmar	Soe Aung
	10.10 am	Tea and networking	
			Chair:
	10.40 am	Policies to reduce disparities in breast cancer outcomes	Richard Sullivan
	11.10 am	The role of Pharma in addressing health disparities	Ait-Allah Mejri
	11.30 am	Breast cancer control in Timor Leste	Alito Soares
	11.50 am	Discussion Panel	Cheng-Har Yip, Nirmala Bhoo Pathy, Richard Sullivan, Soe Aung & Ait-Allah Mejri, Alito Soares
	12.30 pm	Lunch (and Prayers for Muslims)	
		Disparities in different countries in SE Asia	Chair: Cheng-Har Yip
	2.00 pm	Indonesia	Kardinah
	2.15 pm	Thailand	Orajitt Bumrungrskulswat
	2.30 pm	Cambodia	Preap Ley
	2.45 pm	Vietnam	Nguyen Dinh Tung
	3.00 pm	Singapore	Preetha Madhukumar
	3.15 pm	Discussion Panel	Panelists: Cheng-Har Yip, Nirmala Bhoo Pathy, Soe Aung, Richard Sullivan, Ait-Allah Mejri, Kardinah, Orajitt Bumrungrskulswat, Preap Ley, Nguyen Dinh Tunng, Preetha Madhukumar & Alito Soares
	4.00 pm	Closing Remarks	Nirmala Bhoo Pathy

Workshop 3: Communication: patient-healthcare professional	9.00 am	Framework for communication	Facilitated by Ednin Hamzah
	9.30 am	Gathering information	
	10.30 am	Tea and networking	
	11.00 am	What do you want to know - listening and understanding	
	12.30 pm	Lunch	
	2.00 pm	Dealing with collusion and breaking bad news	
	3.00 pm	Handling difficult questions or providing difficult answers	
	3.45 pm	Summary and closing remarks	
	4.00 pm	Workshop ends	

Day 2: Saturday, 4 August 2018

	8.30 am	Official Opening Ceremony • Welcome speech by Organising Chair • Speech by Professor Datuk Sim Hui Kian, Local Government Minister, Sarawak • Performance by Candy Girls	
	9.30 am	Keynote Lecture: Dealing with the financial impact of breast cancer	Richard Sullivan
	10.00 am	Tea and posters	
	10.30 am	Panel Discussion 1: Healthcare challenges in ASEAN	Moderated by: Richard Sullivan Speaker: Michael Sieburg Panelists: Nirmala Bhoo Pathy, Soe Aung, Cheng-Har Yip & Ranjit Kaur
	11.30 am	Symposium 1: Survivorship • Optimising quality of life • Back to work • Benefit of extended hormonal therapy	Moderator: Saunthari Somasundaram Julie Gralow Sri Ganesh Muthiah Ho Gwo Fuang
	12.30 pm	Special Lecture: The Survivor Planner : Plan Your Survivor Journey	Irael Traisarnsri
	12.45pm	Lunch and networking	

Day 2: Saturday, 4 August 2018

	1.30 pm	Plenary lecture: Advocating standards for pathology in reporting in breast cancer	Moderator: Cheng-Har Yip Speaker: Jane Brock
	2.00 pm	Symposium 2: Sociocultural issues in breast cancer	Moderators: Ranjit Kaur & Carolyn Taylor
		• Breast cancer meanings in Asia	Cynthia Chou
		• Factors predicting delay in presentation	Nur Aishah Taib
		• Cancer fatalism and religion in breast cancer	Cynthia Chou
		• Complementary and alternative therapy for symptom management in breast cancer patients	Winnie So
	3.30 pm	Tea and posters	
	4.00 pm	Symposium 3: Treatment decision making	Moderator: Yin Yin Htun
		• Patient's perspective - there are so many options; how do I decide?	Georgina Lee
		• Doctor's perspective - how do I choose the optimal treatment?	Julie Gralow
	5.00pm - 6.00pm	Lecture: Phased implementation of guidelines for early diagnosis and treatment Panel Discussion: Regional Coalition in breast cancer in SE Asia: Time for Action Breast cancer survival is poor in most countries in SE Asia. Survival depends mainly on early detection and optimal access to care. This panel discussion will focus on improving survival as well as quality of survival in SE Asia.	Moderated by: Rose Htun, Ranjit Kaur, Carolyn Taylor Speaker: Allison Dvaladze Panelists: • Malaysia (Nur Aishah Taib), • Thailand (Imjai Chitapanarux) • Myanmar (Soe Aung) • Singapore (Mikael Hartman) • Indonesia (Budhiastuti S. Wening) • Philippines (Kara Magsanoc-Alikpala) • Cambodia (Preap Ley) • Vietnam (Nguyen Dinh Tung) • Timor-Leste (Alito Soares)
	7.30pm onwards	Gala Dinner (Attire: Traditional Wear)	Performances by Cultural Troupe Performances by The Candy Girls

Day 3: Sunday, 5 August 2018

Workshop 4: Breast Surgery International	8.00 am	Registration	
	8.20 am	Welcome	Nur Aishah Taib & Rokayah Julaihi
			Chair: Nur Aishah Taib & Rokayah Julaihi
	8.30 am	Disparities in breast cancer treatments and outcomes across continents	Mikael Hartman
	8.50 am	Breast cancer pathology – FNAC versus CNB for diagnosis	Jane Brock
	9.10 am	Updates in Breast Conserving Surgery and Aesthetic Considerations in Lumpectomy (margins)	Omar Youssef
	9.30 am	Updates on axillary staging. Sentinel lymph node biopsy in low resource settings	Owen Ung
	9.50 am	Case presentations (3 cases- focused on EBC, LABC (neoadjuvant chemotherapy for BCS and Mastectomy) MBC, Lymphoedema)	
		Discussion Panel	Moderator: Rokayah Julaihi Panelists: Nur Aishah Taib, Omar Youssef, Owen Ung, Gaurav Agarwal, Jane Brock, Voon Pei Jye & Jacqueline Wong
	10.40 am	Tea	
			Chair: Imi Sairi Ab Hadi & Omar Youssef
	11.00 am	Indications for neoadjuvant therapy in BCS and Mastectomy	Owen Ung
	11.20 am	Systemic therapies – an overview	Voon Pei Jye
	11.40 am	Surgery for locally advanced breast cancer	Gaurav Agarwal
			Moderator: Nur Aishah Taib
	12.00 pm	Panel Discussion: Setting up an efficient breast service (diagnosis, surgery, adjuvant treatments and follow-up) experiences across variable resource settings	Panelists: Imi Sairi Abd Hadi, Rokayah Julaihi, Cheng-Har Yip, Owen Ung, Omar Youssef, Gaurav Agarwal, Nguyen Dinh Tung, Voon Pei Jye, Jane Brock & Namsun Paik
	12.45 pm	Lunch	
			Chair:
	1.15 pm	Intraoperative radiotherapy (sponsored by Carl Zeiss)	Cheng-Har Yip
	1.30 pm	Breast cancer detection by using ABUS (sponsored by GE Healthcare)	Poonpit Thongchai
	1.50 pm	Breast Surgery in Vietnam	Nguyen Dinh Tung
	2.10 pm	Current Status of Korean Breast Cancer and New Oncoplastic Technology for Breast Cancer Surgery	Namsun Paik
	2.30 pm	Training of a breast surgeon – the Singapore experience	Ong Kong Wee
			Moderator: Nur Aishah Taib
	2.50 pm	Panel Discussion: Breast surgery training	Panelists: Imi Sairi Ab Hadi, Ong Kong Wee, Omar Youssef, Gaurav Agarwal, Owen Ung, Nguyen Dinh Tung, Namsun Paik
	3.30 pm	Closing Remarks	

Day 3: Sunday, 5 August 2018

Workshop 5: Breast Care Nursing

**Venue: Pesona Hall,
Hospital Umum
Sarawak /
Sarawak General
Hospital**

9.00 am	Introduction to the workshop	Winnie So
9.10 am	Supportive care needs among breast cancer patients throughout the cancer trajectory	Winnie So
9.40 am	Management of common side-effects of treatment for breast cancer I	Dorothy Chan
10.30 am	Tea and networking	
11.00 am	Management of common side-effects of treatment for breast cancer II	Dorothy Chan
11.30 am	Examples of care - • Patient navigation in a public hospital in Selangor, Malaysia • Patient navigation in University Malaya Medical Centre • Breast Cancer support group in Sarawak General Hospital	Maheswari Jaganathan Suhaida Mushtaffa Norija Sapiee
12.15pm	Panel Discussion	Dorothy Chan, Suhaida Mushtaffa, Norija Sapiee, Maheswari Jaganathan & Winnie So
12.30 pm	Lunch	
2.00 pm	Communication and counselling skills in cancer and palliative care	Carman Kwok
3.00 pm	Practicing session	Carman Kwok, Dorothy Chan, Suhaida Mushtaffa, Norija Sapiee & Maheswari Jaganathan
4.00 pm	Panel Discussion	Carman Kwok, Suhaida Mushtaffa, Norija Sapiee, Maheswari Jaganathan
4.30 pm	Closing Remarks	Winnie So

Workshop 6: Toolkit for patients with Advanced Breast Cancer

9.00 am	Introduction to the workshop	Ranjit Kaur (Facilitator)
9.10 am	Challenges faced by Advanced Breast Cancer patients	Chang Chu San
9.30 am	Addressing psychological distress	Ednin Hamzah
10.00 am	Managing side effects of treatment	Julie Gralow
10.30 am	Tea break	
11.00am	Managing financial catastrophe	Lim Teck Onn
11.30am	The value of the Patient Treatment Fund	Kate Vines
12.30 pm	Lunch	
1.30 pm	The advantages of Palliative care	Ednin Hamzah
2.00 pm	The ABC Global Alliance and its Charter	Ranjit Kaur
2.30 pm	Guidebook for Patients with Metastatic Breast Cancer	Ranjit Kaur
3.00 pm	Workshop ends	

Workshop 7: Peer support in breast cancer

9.00 am	Welcome, Overview of Workshop, Introductions	Ann Steyn
9.15 am	Objectives and Agenda	Carolyn Taylor
9.30 am	Defining a Successful Peer to Peer Program	Ann Steyn
10.00 am	Role of a Peer Support Volunteer	Carolyn Taylor
10.30 am	Tea and networking	
11.00 am	Communication Skills	Carolyn Taylor
11.15 am	Role Play	Ann Steyn
12.30 pm	Lunch	
1.30 pm	Medical Advice vs Medical Information	Ann Steyn
2.00 pm	Challenges and Opportunities Facing Peer Support Groups	Carolyn Taylor
2.15 pm	Self-Care for Peer Support Volunteers	Carolyn Taylor
2.30 pm	Expanding Advocacy to Peer Support	Ann Steyn
3.00 pm	Workshop Concludes	

Day 1: 3 August 2018, Workshop Summaries

Workshop 1: Patient Navigation

A multidisciplinary and multisectoral approach is required to improve care of women with breast cancer in Southeast Asia. The focus is on early detection, access to timely diagnosis and treatments.

Objectives:

- 1) To expose participants to applications of providing navigation within the context and priorities of the countries
- 2) To expose participants to several demonstration projects
- 3) To network amongst multidisciplinary and multiple sectors within and amongst countries in the Southeast Asian region

Who should attend this workshop?

NGOs, Policy makers, Public Health specialists, Oncologists, Surgeons, Primary Care Physicians

Workshop 2: Disparities in breast cancer outcomes in the Southeast Asian region

Breast cancer survival depends on early diagnosis and access to optimal treatment. In the low and middle income countries in SE Asia, women present with late stages of breast cancer, and coupled with suboptimal care, survival is poor. Apart from early diagnosis and optimal treatment, other determinant of survival are socioeconomic status, patient demographics and tumour pathology. Patient reported outcome measures such as quality of life and coping with long term side-effects of treatment are also important. There are disparities of outcomes between different countries, and within countries between different ethnic groups and socioeconomic groups.

The aim of this workshop is to describe the breast cancer outcomes in Southeast Asia, and policies to reduce the disparities.

Who should attend this workshop?

Health care professionals, epidemiologists, advocates, public health specialists, policy makers, survivors

Workshop 3: Communication: Patient-Healthcare Professional

The role of communication should never be underestimated in the management of breast cancer. Optimum communication should provide the clinician with an understanding of the impact of breast cancer, the values and priorities of the patient and the expected outcome of the management. For the patient, it should be having all the necessary information presented in a language that is easy to understand and to be supported in a hopeful way for the journey ahead. Good communication skills enhances clinical care but conversely poor communication could have adverse outcomes for both patient and healthcare professional.

This workshop will examine key components of communication and provide some simple strategies for both patients and healthcare professional in talking about breast cancer.

Who should attend this workshop?

Healthcare professionals and anyone engaged in patient care

Day 3: 5 August 2018, Workshop Summaries

Workshop 4: Breast Surgery International

Breast surgery is carried out by general surgeons in Sarawak where there is no breast surgery unit. The practice of breast surgery can vary widely across the state, depending on existing facilities. Radiotherapy facilities are only available in Kuching, and hence in the peripheral hospitals, breast conserving surgery which requires radiotherapy will not be possible. The objective of this workshop is to teach the basic principles of breast surgery diagnosis and treatment.

Who should attend this workshop?

Trainee surgeons, General surgeons

Workshop 5: Breast Care Nursing

Breast cancer is the leading type of cancer in women of both developing and developed regions. In the Southeast Asia, breast cancer is still the most common cancer with more than 107 thousand new cases and more than 43 thousand cancer death (GLOBOCAN, 2012). Having cancer is a stressful life event for both patients and their families because it is often perceived as life-threatening and is always associated with physical and psychological distress caused by the disease and/or its treatment. As health care professionals, we have the obligation to support our patients as they go through this trajectory toward more favorable outcomes.

The purposes of this workshop is to:

- 1) Provide an overview of the supportive care needs among breast cancer patients throughout the cancer trajectory.
- 2) Discuss how to manage common side-effects of treatment for breast cancer
- 3) Provide hands-on practice to master communication and counselling skills in cancer and palliative care

Who should attend this workshop?

Health care professionals

Workshop 6: Toolkit for Patients with Advanced Breast Cancer

The topics covered in this workshop are purposefully directed to those who live with advanced breast cancer, as well as to those who hope to gain a better understanding of the challenges faced by advanced breast cancer patients. From the emotional perspective of addressing psychological distress and managing the side effects of treatment to a more practical angle of exploring the advantages of Palliative care and managing financial catastrophe, participants should leave with the tools to better face the disease.

Who should attend this workshop?

Survivors, family members and anyone interested to understand the implications of advanced breast cancer

Workshop 7: Peer Support in Breast Cancer

The topics covered will include defining a training programme for peer support volunteers. We will discuss the criteria required to be a peer support volunteer, understanding the role of the peer support volunteer and the challenges/opportunities facing peer-peer support groups. Participants will use role play to enhance their skills required to communicate with patients. Also discussed will be the difference between medical information and medical advice. The need for patient voices to be heard at the policy level will be addressed along with various avenues open for advocacy.

A Pre-conference questionnaire will be required for each participant who registers for this workshop.

Who should attend this workshop?

This workshop will be an interactive workshop aimed towards:

Breast cancer support groups, breast cancer survivors, breast cancer advocates, support group leaders, both clinicians and advocates, caregivers

Message from the Chairman

Ranjit Kaur

On behalf of SEABCS 2018 organising committee, I am honoured to welcome you to the 3rd Annual South East Asia Breast Cancer Symposium, 3-5 August 2018 at the Pullman Hotel, Kuching, Sarawak, Malaysia.

Our Symposium theme “Patient Centred Care”, is particularly appropriate for the Region which has a number of underlying issues needing both discussion and deliberation.



The objectives of SEABCS 2018 are to attain knowledge and skills on the latest information and innovations surrounding breast cancer, increase capacity for breast cancer management and improve quality of care for breast cancer patients.

We have selected a venue that promises not only a suitable location for a focused three-day session, but also an opportunity for participants to indulge in the rich cultural heritage and lifestyle of Sarawak which is uniquely different from the rest of Malaysia.

We hope that you will find the Symposium valuable and enjoyable, where you will have the opportunity to network with clinicians, nurses, cancer survivors, patient advocates as well as government and non-government personnel.

Symposium Registration Fee

Category	Malaysian MYR	Foreigner USD
Doctor or Researcher	850	230
Nurse or NGO Personnel	650	180
Cancer Survivor or Family Member	550	150
Accompanying Person (Conference Bag, Official Opening Ceremony, Keynote Lecture & Gala Dinner)	130	40

Payment to beneficiary: **Breast Cancer Welfare Association Malaysia**

Please state purpose of payment: **SEABCS 2018**

Bank Name	Branch	Swift Code	Account No.
Public Bank Berhad	Section 14 Branch No. 12, Jalan 14/14 Post Code: 46100 Selangor Malaysia	PBBEMYKL	3166384321

Accompanying Person's Programme

Fri, 3 Aug 2018	Optional Tour*
Sat, 4 Aug 2018	<ul style="list-style-type: none"> • Official Opening Ceremony • Keynote Lecture • Gala Dinner
Sun, 5 Aug 2018	Optional Tour*

* Please note that payment & booking of tours is to be made directly with tour operator. Refer to the Tour Package page for more information.

SEABCS 2018

Registration Form

First Name

Last Name

<input type="text"/>	Male: <input type="checkbox"/>	Female: <input type="checkbox"/>
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Category	Tick ✓ as appropriate
Doctor or Research	
Nurse or NGO Personnel	
Cancer Survivor	
Family Member	
Accompanying Person	

Name of Organisation: _____

Position in Organisation: _____

Organisation Address: _____

City: _____ State: _____

Zip/ Post Code: _____ Country: _____

Email: _____ Phone No: _____

Special needs: _____

Diet: Vegetarian: ☐ Non-vegetarian: ☐ Others (please specify): _____

Personal Address: _____

City: _____ State: _____

Zip/ Post Code: _____ Country: _____

Signature:

Date:

Send the Registration Form to: **seabcs2018@gmail.com**

Please include a copy of the payment receipt with the Registration Form.

Registration will be confirmed upon payment received.

Airport Transfer

For a full list of accommodations and room rates, kindly refer to separate Hotel Booking Form. Kindly take note that Pullman Hotel Kuching, the symposium venue, is located at the top of a hill and will require an uphill walk from surrounding hotels.

Airport Transfer from Kuching International Airport (KCH) to Pullman Hotel Kuching

- GrabCar Economy: **RM14 +/-**

For more information kindly refer to <https://www.taxifarefinder.com>

Airport Transfer Services by Cat City Holidays

1. 8-seater van: **RM 80.00** per van per way
2. 12-seater van: **RM 135.00** per van per way
3. 40-seater coach: **RM 330.00** per coach per way

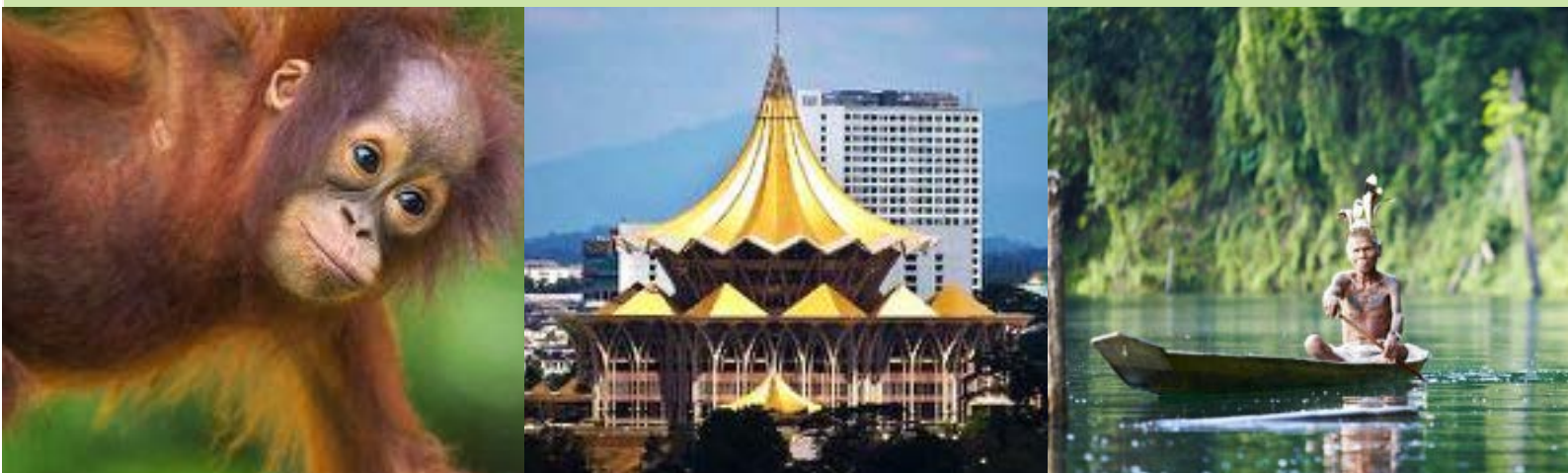
Contact: Ms. Tan - mice@catcityholidays.com
Ms. Mok - mok@catcityholidays.com

Alternatively, please make an inquiry with the hotel of your choice if airport transfers are available.

Welcome to Sarawak

Kuching, situated on the banks of Sarawak River, entices visitors to enjoy a diverse range of colours and flavours with its rich culture and gastronomic wonders. The city's glorious colonial past was at its peak between 1841 and 1946 during the role of the British Brooke dynasty of 'White Rajahs'. Kuching became a British Crown colony before gaining independence through the formation of Malaysia in 1963. Kuching (population: 580,000), popularly known as the Cat City, is the Capital of Sarawak, Malaysia's largest state. Covering 124,450 sq km it is almost equivalent in size to Greece. A multicultural city, Kuching is establishing itself as a fresh meetings destination. The State Government has invested heavily in the state of the art meetings infrastructure, also provides financial, and in kind support for international conventions.

Sarawak's population of 2.35 million is made up of 28 ethnic groups, each with its own distinct language, traditions and lifestyle. They make up a unique and vibrant social demography, often regarded as one of the state's most attractive features.



Tour Packages

Tour Type	Duration	Cost per adult - Seat in Coach	Cost per adult - Private Tour	Pick Up Time	
		Minimum 2 adults unless specified		Morning	Afternoon
Kuching City & Shopping Tour	3 hours +/-	RM75	RM115	0900hrs	1330hrs
Sarawak Cultural Village	3 - 4 hours +/-	RM140	RM180	0900hrs	1330hrs
Semenggoh Orang Utan Nature Reserve	3 hours +/-	RM90	RM130	0800hrs	1400hrs
Crocodile Farm & Mini Zoo Tour	3 hours +/-	RM110	RM150	0900hrs	1330hrs
Annah Rais Bidayuh Longhouse	4 hours +/-	RM120	RM160	0900hrs	1330hrs
Fairy and Wind Caves Tour	4 hours +/-	RM110	RM150	0900hrs	1300hrs
Bako National Park*	6 hours +/-	RM270	RM330	0830hrs	-
Morning Dolphin Spotting Tour	3 hours +/-	RM250	RM330	0830hrs	-
Evening Wildlife & Nature Watching Cruise	3 hours +/-	RM250	RM330	-	1615hrs
Sarawak River Cruise	1 hour 30 min	RM 60 (Adult); RM 32 (Child)	-	-	1730hrs
Matang Wildlife Centre	4 hours +/-	RM120	RM160	0900hrs	1330hrs
Serikin Shopping Tour	4 hours +/-	RM120	RM160	0800hrs	-
Medan Niaga Satok Weekend Market	2 hours +/-	RM50	RM70	Sun 0900hrs	Sat 1400hrs
Siniawan Night Market	2 hours +/-	RM90	RM140	-	1700hrs
Kayaking Experience*	5 hours 30 min +/-	Min 3 to go (RM 198 per adult)	-	0900hrs	-
Orang Utan + Kayaking Experience*	6 hours 30 min +/-	Min 3 to go (RM 228 per adult)	-	0800hrs	-
Traditional Iban Longhouse Safari*	Full Day Trip	RM485	RM585	0700hrs	-
Satang Island Trip	4 hours +/-	RM350	RM430	0830hrs	-
Gunung Gading National Park	5 - 6 hours +/-	RM200	RM280	0830hrs	-
Birding Package 2018 - Kubah National Park (SPCC)	1/2 Day	1 pax: RM 600	-	0600hrs - 1200hrs	
		2 - 3 pax: RM 400	-	0600hrs - 1200hrs	
		4 - 6 pax: RM 320	-	0600hrs - 1200hrs	
	Full Day	1 pax: RM 1,100	-	0600hrs - 1730hrs	
		2 - 3 pax: RM 600	-	0600hrs - 1730hrs	
		4 - 6 pax: RM450	-	0600hrs - 1730hrs	
Birding Package 2018 - Borneo Highlands (SPCC)	Full Day	1 pax: RM 1,130	-	0600hrs - 1400hrs	
		2 - 3 pax: RM 650	-	0600hrs - 1400hrs	
		4 - 6 pax: RM 480	-	0600hrs - 1400hrs	

Rates above are inclusive of 6% GST, kindly make inquiry with tour agent for updated rates.

* Lunch is included in this package.

Please be advised, the *Traditional Iban Longhouse Safari* package also offers overnight packages from 2 days & 1 night to 3 days & 2 nights stay.

For more information about these packages, kindly refer to the *Information on Optional Tours* pamphlet. Kindly note that payment & booking of tours is to be made directly with tour operator. For bookings and other inquiries, please contact the tour agents:

Ms. Tan - mice@catcityholidays.com - H/P No : +60 11 12667177 | Tel : +60 82 414200

Ms. Mok - mok@catcityholidays.com - H/P No: +60 12 8881480 or +60 19 8881480